



Jade Moon Fertility Formulas

Each formula contains fertility supporting herbs. These herbs help nourish blood, nourish the reproductive organs, improve egg quality, and strengthen the health of the mother.

Cycle Day 1-3 (during menses)

Jade Moon Phase 1 – Support the removal of the old endometrial lining to create an environment that is conducive to implantation later in the cycle.

Dosage: 1 squirt, 3x per day

Cycle Day 4-12 (after menses to 2 days prior to ovulation)

Jade Moon Phase 2 – Support the growth and maturation of follicles, improve egg quality, build the endometrial lining once again.

Dosage: 1 squirt, 3x per day

Cycle Day 12-16 (2 days before and after ovulation)

Jade Moon Phase 3 – Support ovulation, help the body transition from the follicular to luteal phase.

Dosage: 1 squirt, 3x per day

Cycle Day 16 - Menses or Pregnancy (2 days post ovulation to next period)

Jade Moon Phase 4 – Maintain a healthy endometrial lining, support implantation, promote progesterone production.

Dosage: 1 squirt, 3x per day