



Wellness Evaluation Blood Work

- CBC** with differential (Complete Blood Count)
- CMP** (Comprehensive Metabolic Panel)
- Lipid Panel** (Includes cholesterol, triglycerides, HDL, LDL)
- Vitamin D**
- Hb A1c** (Average amount of glucose in blood over past 2-3 months)
- Fasting Insulin** (Insulin resistance seen in PCOS)
- SHBG** (Sex Hormone Binding Globulin, low in PCOS)
- Ferritin** (Iron storage)
- TIBC + Fe** (Indicator of iron deficiency)
- Hs-CRP** (Assess inflammation in the body)